

# GUIDED DOLORCLAST THERAPY

CLINICALLY PROVEN  
LONG-TERM PAIN RELIEF



**EMS**+

# GDT : TO THE RESCUE

Pain, loss of mobility, discomfort – so many symptoms of musculoskeletal disorders which can affect muscles, ligaments, tendons, joints and bones. Whether caused by repetitive movements at work, an injury in your daily life or as a result of aging, these common ailments alter the way your body performs. However, there is a natural and clinically proven way to help with these issues.

Guided DolorClast® Therapy (GDT) is a combined and proven solution dedicated to maintaining your health and restoring the quality of life through the prevention, treatment and monitoring of musculoskeletal disorders.

**NO SURGERY = NO DOWNTIME**  
**NO INJECTION = NO COMPLICATION**  
**NO PAIN MEDICATION = NO ADDICTION**

**ASK YOUR  
PRACTITIONER TODAY!**





# GDT : ONE SOLUTION, MANY INDICATIONS



1 TENNIS ELBOW

2 ROTATOR CUFF TENDINOPATHY

3 UPPER BACK PAIN

4 ADHESIVE CAPSULITIS

5 LOWER BACK PAIN

6 GOLFER'S ELBOW

7 PATELLA TIP SYNDROME

8 KNEE OSTEOARTHRITIS

9 ACHILLES TENDINOPATHY

10 PLANTAR FASCIOPATHY

HERE, YOU'LL FIND 40 OTHER INDICATIONS GDT CAN TREAT & REFERENCE STUDIES



## AM I ELIGIBLE FOR GDT?

Like 90% of the patients suffering from an acute (< 3 months) or chronic (> 3 months) musculoskeletal disorder, you may benefit from a course of GDT treatments\*.

\*Subject to not meeting any of the listed contraindications



# 6 STEPS, 1 GOAL : A SWIFT RECOVERY

Through a simple 6-step treatment pattern, GDT assesses your pathology, treats it with DolorClast® High-Power Laser and/or DolorClast® Radial or Focused shock waves, and combines it with prescribed rehabilitation exercises to guide you towards recovery.

**06 FOLLOW-UP**  
TREATMENT SUCCESS IS BEING MONITORED TO HELP MINIMISE THE CHANCE OF FURTHER OR REPEATED INJURY



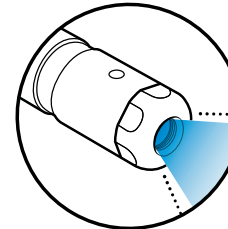
**01 ASSESS & ENGAGE**  
YOUR PATHOLOGY, PAIN SEVERITY, CHRONICITY AND MOBILITY ARE BEING ASSESSED TO PROPOSE A PERSONALIZED TREATMENT PLAN.



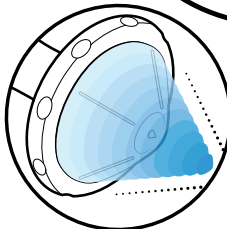
**05 REHABILITATE**  
A PRESCRIBED EXERCISE PROGRAM OPTIMISES TREATMENT OUTCOMES AND INCREASE YOUR FUNCTIONAL RECOVERY.



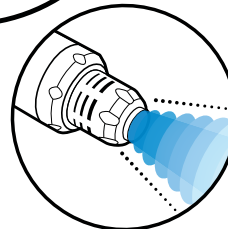
**02 DOLORCLAST® HIGH-POWER LASER**  
LASER THERAPY RELIEVES YOU IMMEDIATELY FROM PAIN, LOWER INFLAMMATION AND REDUCE SWELLING



**04 DOLORCLAST® FOCUSED SHOCK WAVES**  
FOCUSED SHOCK WAVE THERAPY - FSWT PROMOTES FAST AND LONG-LASTING HEALING OF THE DAMAGED TISSUES DEEP IN THE BODY.



**03 DOLORCLAST® RADIAL SHOCK WAVES**  
RADIAL SHOCK WAVE THERAPY - RSWT® PATENTED BY EMS IN 1997 - PROMOTES FAST AND LONG-LASTING HEALING OF THE DAMAGED TISSUES.



## HOW DOES **GDT** WORK?

GDT activates the self-healing process where pain occurs. To put it simply, GDT combines extracorporeal shock wave treatments and/or high-power laser. As a result, GDT:

- ▶ Tackles pain within 5 min
- ▶ Reduces the inflammation from the 1<sup>st</sup> session
- ▶ Repairs damaged muscle fibers and tendons
- ▶ Stimulates cartilage and bone healing

## WHEN CAN I EXPECT TO FEEL BETTER ?

Beneficial effects of GDT on pain and mobility are often experienced from the very 1<sup>st</sup> treatment session and the long-term healing benefits continue for months after your last treatment.

The number of sessions will vary depending on your pathology, pain severity and chronicity but an average of 3 to 8 sessions of combined therapies is often required.

**MORE THAN**  
**100**  
**MILLION**  
**PATIENTS**  
**TREATED**  
**SINCE 1999**

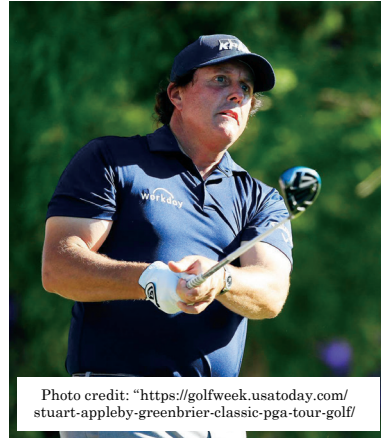


# GDT : BEST FOR ATHLETES, BEST FORYOU



“ I had the chance to be treated with GDT for my tendinopathy. After 5 sessions, I was pain-free and could continue competition.”

**MARIE DESANDRE NAVARRE**  
PROFESSIONAL KITE SURFER



“ I was struggling with my back... On my third and fourth treatments with the shock wave I was seeing real big improvements!”

**STUART APPELBY**  
PGA GOLF PLAYER,  
WINNER OF A MAJOR CHAMPIONSHIP

Photo credit: "https://golflweek.usatoday.com/stuart-appelby-greenbrier-classic-pga-tour-golf/"



“This treatment helped me to be able to take part in the World Cup races... Thanks for the help. It was worth its weight in gold!”

**AKSEL LUND SVINDAL**  
ALPINE SKIER, OLYMPIC GOLD MEDALIST

Photo credit: "Aksel Lund Svindal under OL i Sotsji, Russland, i 2014. Aksel Lund Svindal Av Val 202."



“After 3 sessions I had recovered from my plantar fasciitis and could train again.”

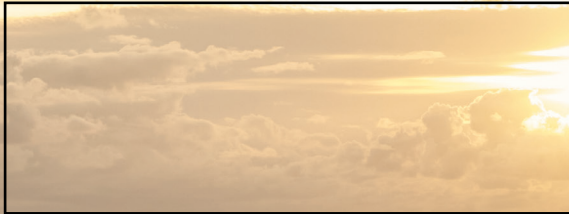
**ZANE ROBERTSON**  
OLYMPIC LONG-DISTANCE RUNNER

Photo credit: Lintao Zhang/Getty Images



# GOOD-BYE PAIN, HELLO FREEDOM

PRACTICE STAMP



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The brochure provides information on products and indications that may not be available in all countries.