

GUIDED DOLORCLAST THERAPY

CLINICALLY PROVEN
LONG-TERM PAIN RELIEF



EMS+

GDT : TO THE RESCUE

Pain, loss of mobility, discomfort – so many symptoms of musculoskeletal disorders which can affect muscles, ligaments, tendons, joints and bones. Whether caused by repetitive movements at work, an injury in your daily life or as a result of aging, these common ailments alter the way your body performs. However, there is a natural and clinically proven way to help with these issues.

Guided DolorClast® Therapy (GDT) is a combined and proven solution dedicated to maintaining your health and restoring the quality of life through the prevention, treatment and monitoring of musculoskeletal disorders.

NO SURGERY = NO DOWNTIME

NO INJECTION = NO COMPLICATION

NO PAIN MEDICATION = NO ADDICTION

**ASK YOUR
PRACTITIONER TODAY!**





GDT : ONE SOLUTION, MANY INDICATIONS



1 TENNIS ELBOW

2 ROTATOR CUFF TENDINOPATHY

3 UPPER BACK PAIN

4 ADHESIVE CAPSULITIS

5 LOWER BACK PAIN

6 GOLFER'S ELBOW

7 PATELLA TIP SYNDROME

8 KNEE OSTEOARTHRITIS

9 ACHILLES TENDINOPATHY

10 PLANTAR FASCIOPATHY

HERE, YOU'LL FIND 40 OTHER INDICATIONS GDT CAN TREAT & REFERENCE STUDIES



AM I ELIGIBLE FOR GDT?

Like 90% of the patients suffering from an acute (< 3 months) or chronic (> 3 months) musculoskeletal disorder, you may benefit from a course of GDT treatments*.

*Subject to not meeting any of the listed contraindications



6 STEPS, 1 GOAL : A SWIFT RECOVERY

Through a simple 6-step treatment pattern, GDT assesses your pathology, treats it with DolorClast® High-Power Laser and/or DolorClast® Radial or Focused shock waves, and combines it with prescribed rehabilitation exercises to guide you towards recovery.

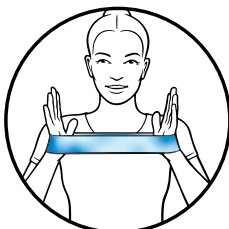
06 FOLLOW-UP
TREATMENT SUCCESS IS BEING MONITORED TO HELP MINIMISE THE CHANCE OF FURTHER OR REPEATED INJURY



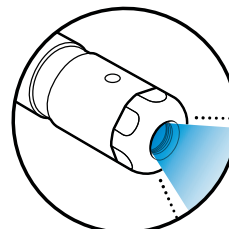
01 ASSESS & ENGAGE
YOUR PATHOLOGY, PAIN SEVERITY, CHRONICITY AND MOBILITY ARE BEING ASSESSED TO PROPOSE A PERSONALIZED TREATMENT PLAN.



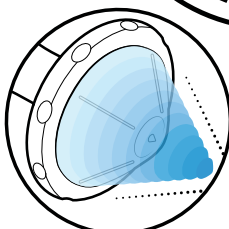
05 REHABILITATE
A PRESCRIBED EXERCISE PROGRAM OPTIMISES TREATMENT OUTCOMES AND INCREASE YOUR FUNCTIONAL RECOVERY.



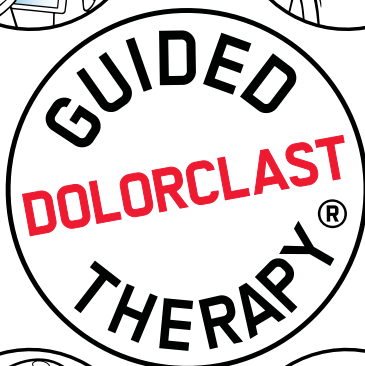
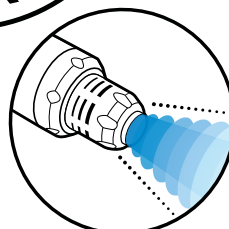
02 DOLORCLAST® HIGH-POWER LASER
LASER THERAPY RELIEVES YOU IMMEDIATELY FROM PAIN, LOWER INFLAMMATION AND REDUCE SWELLING



04 DOLORCLAST® FOCUSED SHOCK WAVES
FOCUSED SHOCK WAVE THERAPY - FSWT PROMOTES FAST AND LONG-LASTING HEALING OF THE DAMAGED TISSUES DEEP IN THE BODY.



03 DOLORCLAST® RADIAL SHOCK WAVES
RADIAL SHOCK WAVE THERAPY - RSWT® PATENTED BY EMS IN 1997 - PROMOTES FAST AND LONG-LASTING HEALING OF THE DAMAGED TISSUES.



HOW DOES **GDT** WORK?

GDT activates the self-healing process where pain occurs. To put it simply, GDT combines extracorporeal shock wave treatments and/or high-power laser. As a result, GDT:

- ▶ Tackles pain within 5 min
- ▶ Reduces the inflammation from the 1st session
- ▶ Repairs damaged muscle fibers and tendons
- ▶ Stimulates cartilage and bone healing

WHEN CAN I EXPECT TO FEEL BETTER ?

Beneficial effects of GDT on pain and mobility are often experienced from the very 1st treatment session and the long-term healing benefits continue for months after your last treatment.

The number of sessions will vary depending on your pathology, pain severity and chronicity but an average of 3 to 8 sessions of combined therapies is often required.

MORE THAN
100
MILLION
PATIENTS
TREATED
SINCE 1999



GDT : BEST FOR ATHLETES, BEST FORYOU



“ I had the chance to be treated with GDT for my tendinopathy. After 5 sessions, I was pain-free and could continue competition.”

MARIE DESANDRE NAVARRE
PROFESSIONAL KITE SURFER



“ I was struggling with my back... On my third and fourth treatments with the shock wave I was seeing real big improvements!”

STUART APPELBY
PGA GOLF PLAYER,
WINNER OF A MAJOR CHAMPIONSHIP

Photo credit: "https://golflife.usatoday.com/stuart-appelby-greenbrier-classic-pga-tour-golf/"



“This treatment helped me to be able to take part in the World Cup races... Thanks for the help. It was worth its weight in gold!”

AKSEL LUND SVINDAL
ALPINE SKIER, OLYMPIC GOLD MEDALIST

Photo credit: "Aksel Lund Svindal under OL i Sotsji, Russland, i 2014. Aksel Lund Svindal Av Val 202."



“After 3 sessions I had recovered from my plantar fasciitis and could train again.”

ZANE ROBERTSON
OLYMPIC LONG-DISTANCE RUNNER

Photo credit: Lintao Zhang/Getty Images



GOOD-BYE PAIN, HELLO FREEDOM

PRACTICE STAMP



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The brochure provides information on products and indications that may not be available in all countries.