

GUIDED DOLORCLAST® THERAPY

INDICATIONS



INDICATION	BODY PART	NO OF SESSIONS	INTERVALS	IMPULSES	BAR	FREQUENCY	APPLICATOR	PRESSURE
Golfers Elbow	Elbow	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light
Tennis Elbow	Elbow	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light
Greater Trochanteric Pain	Hip	3 to 5	1 week	2000	3-4 bar	8-12Hz	15mm	Moderate to heavy
Insertional Achilles Tendonopathy	Ankle	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate 3 sides of tendon
Lower Back Pain	Back	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light
Medial Tibial Stress Syndrome	Knee	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Moderate 3 sides of tendon
Midbody Achilles Tendonopathy	Ankle	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate 3 sides of tendon
Osgood-Schlatter Disease	Knee	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light to moderate
Planter Fasciopathy	Foot	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate 3 sides of tendon
Spasticity	N/A	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light
Subacromial Pain Syndrome	Shoulder	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate 3 sides of tendon
Upper Back Pain	Back	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate to heavy
OA Knee	Knee	4 to 6	1 week	2000-2500	2-4 bar	8-12Hz	15mm	Light to moderate
Bone Marrow Oedema	Leg	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Moderate to heavy
Calcifying Tendinitis of the Shoulder	Shoulder	3 to 5	1 week	2000	2-4 bar	8-12Hz	15mm	Heavy
Myofacial Trigger Points	Back	3 to 5	1 week	500-100 Per Point	2.5-4 bar	12Hz	15mm	Light to moderate
Patella Tip Syndrome	Knee	3 to 5	1 week	2000	1.5-3 bar	8-12Hz	15mm	Light



To view further DolorClast® Indications and Setting visit:
<https://ems-dolorclast.com.au/guided-dolorclast-therapy/indications/>

